



MAN OF THE YEAR AWARD RECIPIENT MIDDLE ATLANTIC REGION

FEDERATION OF JEWISH MEN'S CLUBS 2017-2018



CONGREGATION ADATH JESHURUN, ELKINS PARK, PA MICHAEL GOLDBERG

FAMILY

Spouse: Sandra

Children: Emily, David and Samantha

EDUCATION

Temple University, BBA

Widener University, MSW

OCCUPATION

Director of Executive Functioning.Net

Individual and Family Therapist

Performance Enhancement Specialist

Financial Director – Growth Opportunity Center

HOBBIES/INTERESTS

- Community theatre with the Beth Sholom and Adath Jeshurun Players Israel
- Fantasy Sports
- Philadelphia Sports
- Temple Football

BUSINESS HONORS/ACCOMPLISHMENTS

Michael is currently a Therapist and the Financial Director with The Growth Opportunity Center (GOC) located in Southampton, PA. As a Therapist, Michael works with children, adolescents, adults, and families. While well versed in many clinical areas, Michael's clinical energy has focused on helping individuals understand, manage, and overcome their anxiety, which has been creating difficulty throughout their lives. Michael also created his Healthy Finances Program, which provides Financial Counseling with a Therapeutic Touch to individuals, families, and couples. In addition to his clinical work at GOC, Michael serves in the administrative position as GOC's Financial Director. As an administrator for the past 20 years, Michael has helped grow GOC into one of the largest Outpatient Mental Health Practices in the Philadelphia Tri-State Region,

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providing 40,000+ dates of service annually to the community.

Michael has also had the privilege of working since 2002 with Dr. Joel Fish and the Center for Sport Psychology in Philadelphia. As a performance enhancement specialist, Michael has worked with elite athletes, teams, and organizations ranging from school aged levels through the professional ranks. Michael's guidance has helped numerous clients and teams solve present performance issues quickly, while helping them take their mental game to the next level!

SIGNIFICANT ACCOMPLISHMENTS IN MEN'S CLUB

- Member of AJ's Men's Club and accomplishments have been diverse, volunteering in various areas of synagogue life
- Currently in his third year as a member of AJ's Board of Directors
- Served as an emcee at various synagogue events, especially those involving youth programming.
- Has been the "hot dog guy", volunteering to cook for Purim and Hebrew School Events
- Performed with the Beth Shalom / AJ Players since 2012
- Participated in various capacities during religious services

FAVORITE MEN'S CLUB PROGRAMS

- Whiskey Night
- Men's Club Shabbat
- Eagles game get together

WHAT MEN'S CLUB MEANS TO ME

As my father was heavily involved with Men's Club at Temple Shalom Synagogue (Philadelphia), it has been important for me to also participate. In addition, I have enjoyed the friendships that Men's Club has helped me develop.